

## What to expect:

Duette® Progressive contact lenses allow you to see the world up close, far away and everywhere in-between. You will become accustomed to the new progressive optical system after one to two weeks of routine lens wear.

## Adjusting to Progressive Optics

### How do progressive optics work?

Duette Progressive contact lenses allow light rays from all distances to enter your pupil and focus on the retina simultaneously. Your brain must learn to select the desired image at the proper time, which usually takes one to two weeks. Your vision will improve as you wear the lenses and give your brain the opportunity to adapt.

### **This is what your vision may look like before your brain adjusts to the progressive optics:**

*Your vision can sometimes look like 3-D vision. Printed words may appear to come off of the page, or you may see shadows around objects up close. This effect typically goes away within one to two weeks when the lenses are worn for 8-10 hours per day.*

### Is it normal to see this way?

Some people adapt to the progressive visual system immediately while others experience 3-D vision, shadows, or ghosting. If you see this way, it means your lenses are working and your brain is learning to select the right image at the right time.

### How long should I expect to see this way?

It is important to wear your new Duette Progressive lenses for one to two weeks in order to allow your brain to learn how to use the new progressive optical system.