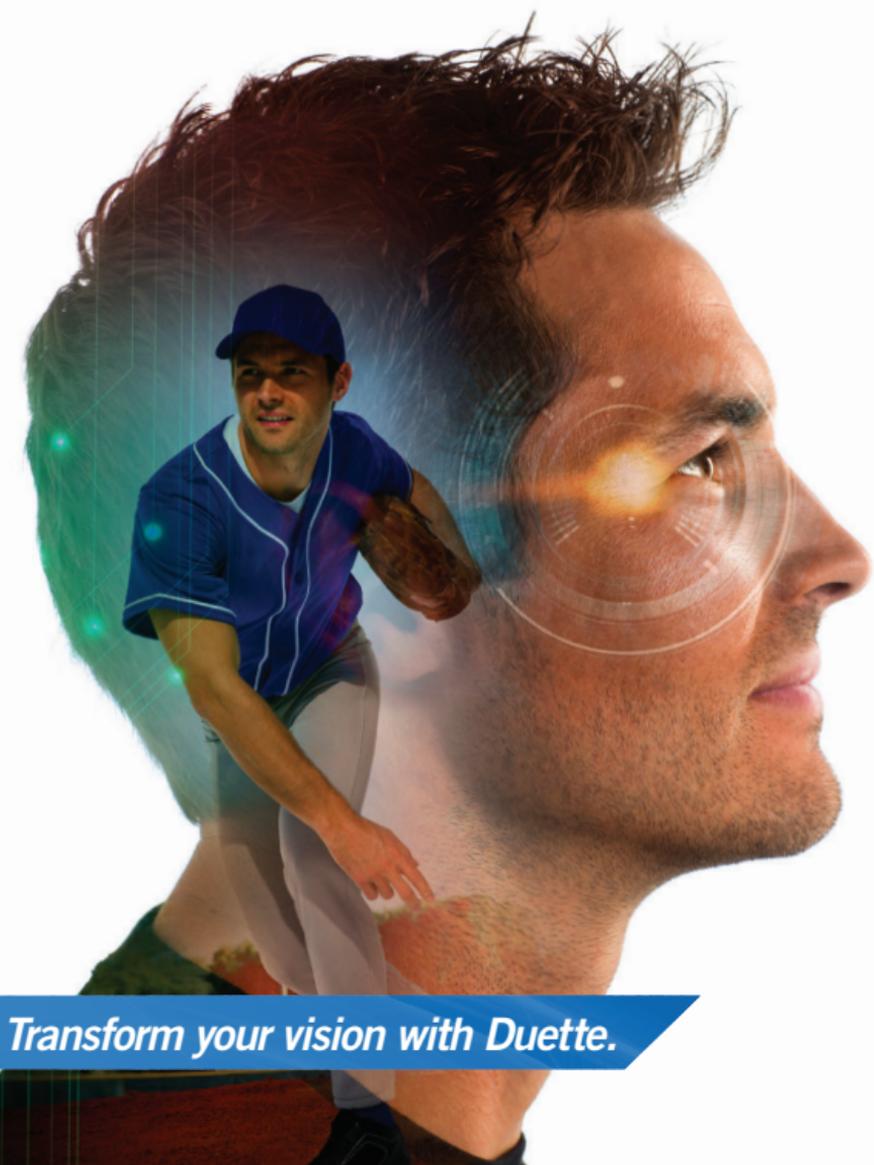


Duette®
CONTACT LENSES

Patient Lens Handling & Care



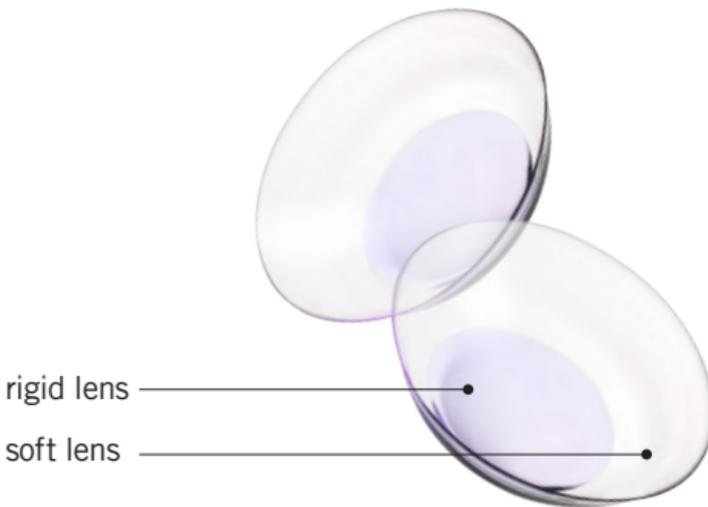
Transform your vision with Duette.

What to expect:

Duette contact lenses offer great vision and comfort.

Duette combines two types of materials into one unique lens. The lens center is made of rigid material to give you great, stable vision. The soft skirt keeps the lenses comfortable throughout the day. No other contact lens uses the dual material design to provide great vision and comfort in a single lens.

It is normal to have lens awareness for a few days as you adapt to the feel of Duette advanced-technology hybrid lenses, but this lens awareness will diminish over time.



How to insert your lenses:

Always wash your hands with mild soap and dry them well with a lint-free towel before handling the lenses. It is a good idea to handle your lenses in the same order each time to avoid getting them mixed up.

Putting in Duette lenses is just like putting in a soft contact lens.



1. Place the lens on the tip of your finger.

A drop of preservative-free lubricant can be added to the bowl, if desired.



2. Pull down on your lower lid and gently place the lens on your eye.

Slowly release your eyelid and blink several times.



Visit SynergEyes.com to view Lens Handling & Care videos, reference packaging insert, and learn more about Duette.

How to remove your lenses:

Remove lenses with **very dry** fingers and a narrow strong pinch.



1. Using one hand, pull your upper lid back.



2. With opposite hand, place **very dry** fingertips at the 5 & 7 o'clock positions on the lens and apply slight pressure; wait for a 1, 2 count and then roll fingertips together and back toward the palm of the hand to remove the lens.



3. **Fingers need to be dried with a lint-free tissue or towel between each removal attempt.** Rubbing fingers together until heat is felt from the friction will also ensure fingers are completely dry.

To remove stubborn lenses, a tissue can also be used. Place the tissue over the forefinger and thumb, and then use the “Pinch” technique to remove the lenses.

What's the difference between removing Duette and soft contact lenses?

- Soft lenses are removed with a broad grasp. A soft lens bends and comes out.
- Duette does not bend in the middle, so it needs to be removed with a narrow pinch at the 5 & 7 o'clock position, *like picking a piece of lint off your clothing.*

Lens care instructions:

Clean Your Duette Lenses Daily



1. Place the lens bowl-side up in the palm of your hand. Rinse your lenses with a daily cleaner approved for soft contact lenses. **Never use tap water to rinse or store your lenses.**
2. With the pad of your ring finger, gently rub the entire lens in a circular motion against the palm of your hand. Be sure to thoroughly clean the front and back of the lens and then rinse it well with saline.
3. Store your lenses in either a hydrogen peroxide system OR multi-purpose disinfecting solution, as recommended by your eye care professional.

Avoid using oil-based cosmetics as they will permanently damage the surface of your Duette lenses.

The recommended replacement schedule for Duette lenses is every six months.

It is important that you always follow your eye care professional's instructions. Based on your individual needs, your eye care professional may recommend a different replacement schedule.

Lens care solutions:

Disinfection Systems: Use chemical (not heat) disinfection systems (Multi-Purpose or Hydrogen Peroxide* solutions) approved for soft contact lenses, as recommended by your eye care professional.

Daily Cleaner: The standard of care for contact lenses recommends using a daily cleaner approved for soft contact lenses.

Rewetting Drops: If needed, use rewetting drops approved for soft contact lenses, as directed by your eye care practitioner.

If lenses have Tangible™ Hydra-PEG coating, alcohol-based or abrasive solutions should be avoided.



**For more information on Duette and to view
Lens Handling & Care videos visit SynergEyes.com**

*In some patients the tear chemistry may react with the hydrogen peroxide to cause a permanent white ring at the junction of the rigid center and soft skirt. This ring does not affect vision or comfort.