Hybrid Lenses with Tangible™ Hydra-PEG
Lens Removal Tips

Tangible Hydra-PEG is designed to create a more lubricious and wettable lens surface to contribute to increased comfort. The more “slippery” lens surface may also initially make Tangible Hydra-PEG-coated lenses more challenging to remove. While there may be a brief adjustment period for handling and removing the lens, with a little practice you should quickly adjust to your new lenses.

As a general rule, contact lenses are the wettest when they are first inserted in the eye; therefore, this is when they may be the most challenging to remove. Lenses that have been “on eye” for five minutes or more generally have fewer tears covering the lens surface and are easier to remove.

1. “Tissue Trainer” Method
First, practice removing your lenses with a tissue. A tissue is a great training tool for lens removal. Place the tissue over your forefinger and thumb. Using a strong narrow pinch, with the fingertips at the 5 and 7 o’clock positions on the lens, apply slight pressure; wait for a “1, 2” count and then roll fingertips together and back toward the palm of the hand. The tissue should make removing these moist lenses easy, and can always be used as a “back-up” removal method if needed.

2. DRY Finger “Pinch” Method
Once you are comfortable and confident using a tissue to remove your lenses, you can practice removing the lenses without the tissue, using a strong narrow pinch with very dry fingers (in place of the dry tissue). Start by placing very dry fingertips at the 5 and 7 o’clock positions on the lens and apply slight pressure; wait for the “1, 2” count and then roll fingertips together and back toward the palm of the hand. This will help keep the fingertips together to maintain the hold on the lens skirt. The “1, 2” count will also help to dry the lens surface slightly to aid with removal.

Fingers should be dried with a towel between each removal attempt. Rubbing fingers together until heat is felt from the friction will also ensure fingers are completely dry.

For more Hybrid Lens Insertion, Removal and Care Tips, visit:
www.synergeyes.com/consumer/duette/videos/