Place lens bowl-side up in the palm of your hand using a daily cleaner approved for gas permeable lenses. With the pad of your finger, gently rub the lens in a circular motion against your palm. Be sure to thoroughly clean the front and back of the lens and rinse well with saline. Never use tap water to rinse lenses.

Remove, clean, rinse, and disinfect lenses according to recommendations prescribed by your eye care professional. The use of additional lens care products does not substitute for lens disinfection.

Your eye care professional may recommend a lubricating or rewetting solution which can be used to wet lenses while they are being worn to improve comfort.
How to Insert Scleral Lenses

There are many ways to insert scleral lenses. We recommend you pick the method that works best for you.

Always wash hands with mild soap and dry well with a lint-free towel before handling lenses.

- Place lens on insertion tool OR stabilize lens on fingers placed in the tripod method (see photos)
- Fill bowl of lens to the top with non-preserved sterile saline

1. Lean forward and look down. Face should be parallel to the floor. Sometimes it's helpful to place a mirror flat on the counter as you insert the lens.

Top Insertion Tips

**TIP 1.** To avoid mixing up lenses, begin with the same eye each time.

**TIP 2.** To avoid bubbles, fill lens completely with non-preserved sterile saline. Bubbles may cause discomfort and produce irregular vision.

**TIP 3.** To avoid spilling saline solution, center the contact lens in the middle of the inserter.
2. With the finger of one hand, hold upper lid by placing one finger on the base of the lashes and pin the lid to the brow bone.

3. Using the opposite hand, with palm facing up, place the inserter between thumb and index finger. Pull the lower lid down with middle finger, holding the eye wide open.

4. Gently place lens on eye by sliding lens inside lower lid and applying directly to eye. Remove inserter from lens by squeezing the inserter.

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**TIP 4.** Lid control is important. Release the eye lid when the lens is fully in place and the inserter is out of the eye.

**TIP 5.** Keep both eyes open to help with lens insertion.

*Avoid using oil-based cosmetics as they may permanently damage the surface of your lenses.*
1. Wet the remover with sterile saline.

2. Hold lower lid down, position remover at a 45° angle. Place remover on the lower 1/3 of the scleral lens.

3. Apply slight pressure to the inserter. Inserter should stick to the lens.

4. Lift lens away from eye with a slight upward motion.

5. Remove lens from remover with a slight twisting motion.

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**Top Removal Tips**

**TIP 1.** It’s easier to remove the lens if you are sitting down.

**TIP 2.** Remove lens from the bottom of the lens, not the center.

**TIP 3.** When removing the lens from the tool, use a slight twisting motion instead of pulling the lens straight off.
Clean, rinse and disinfect your lenses daily. Cleaning and rinsing lenses is necessary to remove mucus and film from the lens surface. Disinfection is necessary to destroy harmful germs and bacteria. Disinfected lenses should remain in a closed case until ready to wear. Repeat disinfection every 24 hours as recommended on the solution packaging. Completely replace solution in lens case with fresh solution daily. Never top off solution in lens case. Replace lens case at regular intervals as recommended by your eye care professional.

Place lens bowl-side up in the palm of your hand using a daily cleaner approved for gas permeable lenses.

With the pad of your finger, gently rub the lens in a circular motion against your palm. Be sure to thoroughly clean the front and back of the lens and rinse well with saline. **Never use tap water to rinse lenses.**

Remove, clean, rinse, and disinfect lenses according to recommendations prescribed by your eye care professional. The use of additional lens care products does not substitute for lens disinfection.

Your eye care professional may recommend a lubricating or rewetting solution which can be used to wet lenses while they are being worn to improve comfort.
What to Expect

The SynergEyes VS scleral contact lenses offer consistently clear vision throughout the day with all-day comfort.

Expect a brief period of adaptation to become fully accustomed to the lenses. Your eye care professional will explain expectations and wear time information so that you may enjoy unparalleled vision and comfort with SynergEyes VS.

Top Comfort Tips

- Fill lens completely with non-preserved saline prior to insertion.
- If lens becomes uncomfortable during the day, remove, clean, re-wet and re-insert.
- If eyes feel dry during the day, refer to your eye care professional for a lubricating drop recommendation.
- Avoid rubbing eyes during the day.

Visit SynergEyes.com for more information about SynergEyes VS.