

PATIENT INSTRUCTION BOOKLET

For the



Duette® with Tangible™ Hydra-PEG
(petrafocon A hem-larafilcon A)
Hybrid Daily Wear Contact Lens

Duette® Multifocal with Tangible™ Hydra-PEG
(petrafocon A hem-larafilcon A)
Hybrid Daily Wear Contact Lens

Duette® Progressive CN with Tangible™ Hydra-PEG
(petrafocon A hem-larafilcon A)
Hybrid Daily Wear Contact Lens

Duette® Progressive CD with Tangible™ Hydra-PEG
(petrafocon A hem-larafilcon A)
Hybrid Daily Wear Contact Lens

CAUTION: FEDERAL (USA) LAW RESTRICTS THIS DEVICE TO SALE BY OR ON THE ORDER OF A LICENSED PRACTITIONER.

CONGRATULATIONS:

You have just received your new Duette®, Duette® Multifocal, Duette® Progressive CN or Duette® Progressive CD with Tangible™ Hydra-PEG hybrid contact lenses. This booklet has been prepared to help you care for it. Please read it carefully and follow the instructions so that you receive full satisfaction from your lens.

PRACTITIONER: _____

ADDRESS: _____

TELEPHONE: _____

**Daily Cleaning/Rinsing
Disinfecting Solution:** _____

Lubricant/Rewetting Drops: _____

Rewetting Solution: _____

Enzymatic Cleaner: NOT RECOMMENDED

INTRODUCTION:

With your decision to wear hybrid contact lenses, you have joined a growing number of people who are discovering new pleasures from this important advancement in vision correction.

The Duette[®], Duette[®] Multifocal, Duette[®] Progressive CN and Duette[®] Progressive CD with Tangible[™] Hydra-PEG hybrid contact lenses provide refractive error correction for hyperopia and myopia with and without astigmatism in patients with or without presbyopia. These lenses are for daily wear only. Duette[®], Duette[®] Multifocal, Duette[®] Progressive CN or Duette[®] Progressive CD with Tangible[™] Hydra-PEG hybrid contact lenses are manufactured from a proprietary rigid gas permeable material (petrafocon A) and a proprietary silicone hydrogel material (hem-larafilcon A). The lens center provides the optics of rigid gas permeable lenses while the hydrogel skirt provides the stability and performance of hydrogel lenses.

Read this Wearer's Guide carefully. It contains the information you need to know to wear, handle, and care for your Duette[®], Duette[®] Multifocal, Duette[®] Progressive CN and Duette[®] Progressive CD with Tangible[™] Hydra-PEG hybrid contact lenses. If you are in doubt about any instructions, request clarification from your eyecare practitioner.

INTENDED USE:

For daily wear to correct vision conditions in aphakic and non-aphakic, non-diseased eyes and correction of refractive error in eyes.

WEARING RESTRICTIONS and INDICATIONS:

The **Duette[®], Duette[®] Multifocal, Duette[®] Progressive CN and Duette[®] Progressive CD with Tangible[™] Hydra-PEG hybrid contact lenses** are indicated for use in the correction of hyperopic, myopic and astigmatic refractive error including presbyopia, in aphakic and not aphakic, non-diseased eyes. The lenses are indicated for daily wear for the correction of up to +25.00 and -25.00 D in eyes with astigmatism up to 6.00 D. For presbyopia, add powers between +1.00 D and +4.00 D.

Eyecare practitioners may prescribe the lenses for frequent/planned replacement wear, with cleaning, disinfection and scheduled replacement. When prescribed for frequent/planned replacement wear, the lenses may be disinfected using only a chemical (not heat) disinfecting system compatible with both silicone-hydrogel and rigid gas permeable lenses.

The Duette[®], Duette[®] Multifocal, Duette[®] Progressive CN or Duette[®] Progressive CD with Tangible[™] Hydra-PEG hybrid contact lenses described in this booklet should be removed from your eyes for routine cleaning and disinfecting daily as prescribed by your eyecare practitioner.

DO NOT WEAR YOUR DUETTE[®], DUETTE[®] MULTIFOCAL, DUETTE[®] PROGRESSIVE CN OR DUETTE[®] PROGRESSIVE CD WITH TANGIBLE[™] HYDRA-PEG HYBRID

CONTACT LENSES WHILE SLEEPING.

CONTRAINDICATIONS (REASONS NOT TO USE):

DO NOT USE your Duette[®], Duette[®] Multifocal, Duette[®] Progressive CN or Duette[®] Progressive CD with Tangible[™] Hydra-PEG hybrid contact lenses when any of the following conditions exist:

- * Acute and subacute inflammation or infection of the anterior chamber of your eye.
- * Any eye disease, injury, or abnormality that affects your cornea, conjunctiva, or eyelids.
- * Severe insufficiency of lacrimal secretion (dry eyes).
- * Corneal hypoesthesia (reduced corneal sensitivity), if not-aphakic.
- * Any systemic disease that may affect your eye or be exaggerated by wearing contact lens
- * Allergic reactions of ocular surfaces or adnexa that may be induced or exaggerated by wearing contact lens or use of contact lens solutions.
- * Allergy to any ingredient, such as mercury or thimerosal, in a solution which is to be used to care for your Duette[®], Duette[®] Multifocal, Duette[®] Progressive CN or Duette[®] Progressive CD with Tangible[™] Hydra-PEG hybrid contact lenses.
- * Any active corneal infection (bacterial, fungi, or viral)
- * If your eyes become red or irritated.
- * If you are unable to follow the lens care regimen or unable to obtain assistance to do so.

WARNINGS:

PROBLEMS WITH CONTACT LENSES AND LENS CARE PRODUCTS

COULD RESULT IN SERIOUS INJURY TO THE EYE.

You should not reuse or “top off” old solution left in your lens case since solution reuse reduces effective lens disinfection and could lead to severe infection, vision loss or blindness. “Topping-Off” is the addition of fresh solution to solution that has been sitting the case.

When disinfecting your lenses you should rub and rinse the lenses for the recommended amount of time to help prevent serious eye infections (see CARING FOR YOUR LENS for specific instructions).

You should never use water, saline solution, or rewetting drops to disinfect the lenses. These solutions will not disinfect the lenses. Not using the recommended disinfectant can lead to severe infection, vision loss or blindness.

You should not store your lenses or rinse your lens case with water or any non-sterile solution. You must only use fresh multi-purpose solution (or sterile saline solution) so your lenses or lens case are not contaminated. Use of non-sterile solution can lead to severe infection, vision loss or blindness.

Water can harbor microorganisms that can lead to severe infection, vision loss or blindness. If

your lenses have been submersed in water such as when swimming in pools, lakes, or oceans, then you should discard them and replace them with a new pair. You should ask your eyecare practitioner (professional) for recommendations about wearing your lenses during any activity involving water.

UV-absorbing contact lenses are NOT substitutes for protective UV absorbing eyewear such as UV absorbing goggles or sunglasses because they do not completely cover the eye and surrounding area. You should continue to use UV absorbing eyewear as directed.

Using the multi-purpose solution beyond the discard date could result in contamination of the solution and can lead to severe infection, vision loss or blindness.

EYE PROBLEMS, INCLUDING CORNEAL ULCERS, CAN DEVELOP RAPIDLY AND LEAD TO LOSS OF VISION; IF YOU EXPERIENCE:

- Eye Discomfort
- Excessive Tearing
- Vision Changes
- Loss of Vision
- Eye Redness
- Or Other Eye Problems

YOU SHOULD IMMEDIATELY REMOVE THE LENSES, AND PROMPTLY CONTACT YOUR EYECARE PRACTITIONER.

Daily wear lenses are not indicated for overnight wear therefore, you are instructed not to wear lenses while sleeping. Clinical studies have shown that the risk of serious adverse reactions is increased when these lenses are worn overnight.

Long term exposure to UV radiation is one of the risk factors associated with cataracts. Exposure is based on a number of factors such as environmental conditions (altitude, geography, cloud cover) and personal factors (extent and nature of outdoor activities). UV-absorbing contact lenses help provide protection against harmful UV radiation. However, clinical studies have not been done to demonstrate that wearing UV-absorbing contact lenses reduces the risk of developing cataracts or other eye disorders. Consult your eye-care practitioner for more information.

Studies have shown that contact lens wearers who are smokers have a higher incidence of adverse reactions than nonsmokers.

You must see your eyecare practitioner as directed.

PRECAUTIONS:

- * Different solutions cannot always be used together, and not all solutions are safe for use with all lenses. Use only recommended solutions that are fresh and sterile. Never use solutions recommended for conventional hard contact lens only. Chemical disinfection solutions should not be used with heat unless specifically indicated on product labelling for use in both heat and chemical disinfection. Always use FRESH, STERILE UNEXPIRED lens care solutions. Always follow directions in the package inserts for the use of contact lens solutions. Sterile unpreserved solutions, when used should be discarded after the time specified in the labelling directions.
- * Do not use saliva or anything other than the recommended solution for lubricating or rewetting your lenses. Always keep your lens completely immersed in the recommended storage solution when your lens is not being worn (stored). Prolonged periods of drying will damage your lens. Follow the lens care directions for care for a dried out (dehydrated) dry lens if the lens surface does become dried out.
- * If the lens sticks (stops moving) on your eye, follow the recommended directions on care for sticking lens. Your lens should move freely on your eye for the continued health of your eye. If non-movement of your lens continues, you should IMMEDIATELY consult your eyecare practitioner.
- * Always wash and rinse your hands before handling lenses. Do not get cosmetics, lotions, soaps, creams, deodorants, or sprays in your eyes or on your lens. It is best to put your lens on before putting on makeup. Water-base cosmetics are less likely to damage lens than oil-base.
- * Do not touch the contact lens with your fingers or hands if your hands are not free of foreign materials, as microscope scratches of the lens may occur, causing distorted vision and/or injury to your eye.
- * Carefully follow the handling, insertion, removal, cleaning, disinfection, storing and wearing instructions in your instructions for the Duette[®], Duette[®] Multifocal, Duette[®] Progressive CN or Duette[®] Progressive CD with Tangible[™] Hydra-PEG hybrid contact lenses and those prescribed by your eyecare practitioner.
- * Never wear your lens beyond the period recommended by your eyecare practitioner.
- * Do not expose your contact lens to water while you are wearing them.
- * If aerosol products such as hair spray are used while wearing your lens, exercise caution and keep your eyes closed until the spray has settled.
- * Always handle your lens carefully and avoid dropping them.
- * Avoid all harmful or irritating vapors and fumes while wearing your lens.
- * Ask your eyecare practitioner about wearing your lens during sporting activities.
- * Inform the doctor (health care practitioner) about you being a contact lens wearer.
- * Never use tweezers or other tools to remove the lens from your lens container unless specifically indicated for that use. Pour the lens into your hand.
- * Do not touch the lens with your fingernails.
- * Always discard your lenses worn on a frequent replacement schedule after the recommended wearing schedule prescribed by your eyecare practitioner.

- * Always contact your eyecare practitioner before using any medicine or medications in your eyes.
- * Always inform your employer of being a contact lens wearer. Some jobs may require use of eye protection equipment or may require that you not wear contact lens.
- * Never allow anyone else to wear your lenses. Sharing contact lenses with someone else increases the risks for serious eye conditions.
- * As with any contact lens, follow-up visits are necessary to assure the continuing health of your eyes. You should be instructed as to a recommended follow-up schedule.

ADVERSE REACTIONS:

The following problems may occur:

- * Eyes stinging, burning, itching (irritation), or other eye pain.
- * Comfort is less than when lens was first placed on eye.
- * Feeling that something is in the eye such as a foreign body or scratched area.
- * Excessive watering (tearing) of the eye.
- * Unusual eye secretions.
- * Redness of the eye.
- * Reduced sharpness of vision (poor visual acuity).
- * Blurred vision, rainbows, or halos around objects.
- * Sensitivity to light (photophobia).
- * Dry eyes.

If you notice any of the above, IMMEDIATELY REMOVE YOUR LENS.

- * If discomfort or problems stop, then look closely at your lens. If the lens is in any way damaged, DO NOT PUT THE LENS BACK ON YOUR EYE. Place the lens in the storage case and contact your eyecare practitioner. If the lens has dirt, an eyelash, or other foreign body on it, or the problem stops and the lens appears undamaged, you should thoroughly clean, rinse, and disinfect the lens, then reinsert it. After reinsertion, if the problem continues, you should IMMEDIATELY REMOVE THE LENS AND CONSULT YOUR EYECARE PRACTITIONER.

When any of the above problems occur, a serious condition such as infection, corneal ulcer, neovascularization, or iritis may be present. KEEP LENS OFF YOUR EYE AND SEEK IMMEDIATE PROFESSIONAL IDENTIFICATION of the problem and prompt treatment to avoid serious eye damage.

PERSONAL CLEANLINESS and LENS HANDLING:

- Before Handling Your Lens:

Cleanliness is the first and most important aspect of proper contact lens care.

Before handling your lens, always wash and rinse your hands thoroughly and dry them with a lint-free towel. Do not use soaps, lotions, cold creams, or perfumes which leave a residue on your hands. Avoid using medications, creams, deodorants, make-up, after shave lotions, or similar items prior to touching your lens. When hair spray is used, the eye must be kept closed until the spray has settled. Take care in handling your lens. Always avoid touching your lens with your fingernails or other sharp objects. **NEVER WORK DIRECTLY OVER A SINK WITH THE DRAIN OPEN, AS THE LENS MAY BE LOST.**

- Handling and Placing the Lens on the Eye:

- 1) To avoid the possibility of lens mix-ups, always start with the same lens first.
- 2) Remove the lens from its storage case and examine it to be sure that it is moist, clean, clear, and free of any nicks or tears.
- 3) Before inserting the lens, rinse well with fresh, sterile rinsing solution. Then place the lens on the tip of the index finger of your dominant hand.
- 4) Look straight ahead and raise the upper lid with your other index finger.
- 5) Then look down, keep both eyes open and place the lens on the upper white part of the eye.
- 6) Slowly release upper lid, and gently close your eye.
- 7) The lens should center automatically, or it can be moved on center by gentle fingertip pressure through the lids.
- 8) Repeat the above procedure for the second lens.
- 9) If the lens appears to be stuck on your eye, apply a few drops of a recommended lubricating or rewetting solution to the eye and blink a few times. If the lens does not move freely on your eye, contact your eyecare practitioner for further instructions.

There is no single "right way" of putting on lens. If you find this method of lens placement difficult, your eyecare practitioner will suggest another method or provide additional information.

- Centering the Lens:

Very rarely, a lens that is on the cornea will be displaced onto the white part of the eye during lens wear. This can also occur during placement and removal of the lenses if the correct techniques are not performed properly. To center a lens on the eye, follow the procedure below.

Using your index finger, gently apply pressure to the lens and slide it back onto the cornea. If the lens gets under the upper lid, gently massage the upper lid while looking down and move the lens toward the cornea.

- Removing the Lens:

Preparation:

- 1) Wash and rinse your hands thoroughly.
- 2) Dry hands with a lint-free towel.
- 3) Check that the lens is centered on the cornea before attempting to remove the lens. Check your vision by covering one eye. If vision is blurry, the lens is off-center. Re-center the lens before attempting to remove it.

Removal:

- 1) To avoid the possibility of lens mix-ups, always begin with the same lens.
- 2) Look up and keep both eyes open.
- 3) Using the middle finger of your dominant hand, gently pull down the lower lid of the first eye.
- 4) Gently "pinch" the lens between the index finger and the thumb at the 5 and 7 o'clock positions, and remove.
- 5) Repeat the procedure for the second eye.
- 6) If the lens cannot be easily moved, apply a few drops of lubricating or rewetting solution to the eye, blink a few times, and when the lens moves freely on the eye, remove in the manner described above. If the lens still cannot be moved, contact your eyecare practitioner for further instruction.
- 7) Upon removal, clean each lens with a contact lens cleaner per the procedures described under the heading, **CARING FOR YOUR LENS**. Rinse well with rinsing solution and place in the lens storage case filled with fresh storage solution.

IMPORTANT: Always avoid touching your lens with your fingernails. Use only your fingertips.

If you find this method difficult, your eyecare practitioner will suggest another method or provide additional instruction.

If the lens is chipped or torn, do not put the lens back on your eye. Return the lens to the storage case with fresh solution and contact your eyecare practitioner.

CARING FOR YOUR LENS:

Basic Instructions:

For continued safe and comfortable wearing of your lens, it is important that you first clean and rinse, then disinfect your lens after each removal, using the care regimen recommended by your eyecare practitioner. Cleaning and rinsing are necessary to remove mucus, secretions, films, or deposits, which may have accumulated after removing them. Disinfecting is necessary to destroy harmful germs. You should adhere to a recommended care regimen. Failure to follow the regimen may result in development of serious ocular complications as discussed in the warning section above.

If you require only vision correction, but will not or cannot adhere to a recommended care regimen for your lens, or are unable to place and remove your lens or have someone

available to place and remove them, you should not attempt to get and wear contact lens. When you first get your lens, be sure you have to put the lens on and remove them while you are in your eyecare practitioner's office. At that time you will be provided with a recommended cleaning and disinfection regimen and instructions and warnings for lens care, handling, cleaning, and disinfection. Your eyecare practitioner should instruct you about appropriate and adequate procedures and products for your use, and provide you with a copy of the Wearer's Guide for the Duette[®], Duette[®] Multifocal, Duette[®] Progressive CN or Duette[®] Progressive CD with Tangible[™] Hydra-PEG hybrid contact lenses.

For safe contact lens wear, you should know and always practice your lens care routine:

- * Always wash, rinse, and dry hands before handling contact lens.
- * Always use fresh, sterile unexpired lens care solutions.
- * Use recommended system of lens care and carefully follow instructions on solution labeling.
- * Different solutions cannot always be used together, and not all solutions are safe for use with all lenses. **DO NOT ALTERNATE OR MIX LENS CARE SYSTEMS UNLESS INDICATED ON SOLUTION LABELING.**
- * Do not use saliva or anything other than the recommended solutions for lubricating or rewetting lens. Do not put lens in your mouth.
- * Never rinse your lens in water from the tap. There are two reasons for this:
 - a. Tap water contains many impurities that can contaminate or damage your lens and may lead to eye infection or injury.
 - b. You might lose the lens down the drain.
- * Your eyecare practitioner should recommend a care system that is appropriate for your Duette[®], Duette[®] Multifocal, Duette[®] Progressive CN or Duette[®] Progressive CD with Tangible[™] Hydra-PEG hybrid contact lenses. Each lens care product contains specific directions for use and important safety information, which should be read and carefully followed.
- * Clean one lens first (always the same lens first to avoid mix-ups), rinse the lens thoroughly with recommended rinsing or disinfecting solution to remove the cleaning solution, mucus, and film from the lens surface, and put lens into correct chamber of the lens storage case. Then repeat the procedure for the second lens.
- * After cleaning, disinfect lens using the system recommended by the manufacture and/or your eyecare practitioner.
- * To store lens, disinfect and leave them in the closed/unopened case until ready to wear. If lenses are not to be used immediately following disinfection, you should consult the package insert or your eyecare practitioner for information on storage of lenses.
- * Always keep your lens completely immersed in a recommended disinfecting/conditioning solution when the lens is not being worn. If you discontinue wearing your lens, but plan to begin wearing them after a few weeks, ask your eyecare practitioner for a recommendation on how to store your lens.
- * Duette[®], Duette[®] Multifocal, Duette[®] Progressive CN or Duette[®] Progressive CD

- with Tangible™ Hydra-PEG hybrid contact lenses can be disinfected using a chemical (NOT HEAT) disinfecting system.
- * Contact lens cases can be a source of bacteria growth. After removing the lens from the case, empty and rinse the lens storage case with solution as recommended by the lens case manufacturer; then allow the lens case to air dry. When the case is used again, refill it with storage solution. Replace lens case at regular intervals as recommended by the lens case manufacturer or your eyecare practitioner.
 - * Your eyecare practitioner may recommend a lubricating/rewetting solution for your use. Lubricating/Rewetting solutions can be used to wet (lubricate) your lens while you are wearing them to make them more comfortable.
 - * **Lenses prescribed for frequent replacement:**
The Duette®, Duette® Multifocal, Duette® Progressive CN or Duette® Progressive CD with Tangible™ Hydra-PEG hybrid contact lenses may be prescribed in a frequent replacement program and should be thrown away after the recommended wearing period prescribed by your eyecare practitioner.

Specific Instructions for Use and Warnings:

a. Soaking and Storing Your Lenses

Instruction for Use:

- Use only fresh multi-purpose (contact lens disinfecting) solution each time you soak (store) your lenses.

WARNING:

- Do not reuse or “top off” old solution left in your lens case since solution reuse reduces effective lens disinfection and could lead to severe infection, vision loss or blindness.
- “Topping-Off” is the addition of fresh solution to solution that has been sitting your case.

b. Rub and Rinse Time

Instruction for Use:

- Rub and rinse your lenses according to the recommended lens rubbing and rinsing times in the labeling of your multi-purpose solution to adequately disinfect your lenses.

WARNING:

- Rub and rinse your lenses for the recommended amount of time to help prevent serious eye infections.

- Never use water, saline solution, or rewetting drops to disinfect your lenses. These solutions will not disinfect your lenses. Not using the recommended disinfectant can lead to severe infection, vision loss or blindness.

c. Lens Case Care

Instruction for Use:

- Empty and clean contact lens cases with digital rubbing using fresh, sterile disinfecting solutions/contact lens cleaner. Never use water. Cleaning should be followed by rinsing with fresh, sterile disinfecting solutions (never use water) and wiping the lens cases with fresh, clean tissue is recommended. Never air-dry or recap the lens case lids after use without any additional cleaning methods.
- Replace your lens case according to the directions given you by your eyecare professional or the labeling that came with your case.
- Contact lens cases can be a source of bacterial growth.

WARNING:

- Do not store your lenses or rinse your lens case with water or any non-sterile solution. Only use fresh multi-purpose solution so you do not contaminate your lenses or lens case. Use of non-sterile solution can lead to severe infection, vision loss or blindness.

d. Water Activity

Instruction for Use:

- Do not expose your contact lenses to water while you are wearing them.

WARNING:

- Water can harbor microorganisms that can lead to severe infection, vision loss or blindness. If your lenses have been submersed in water when swimming in pools, lakes or oceans, you should discard them and replace them with a new pair. Ask your eyecare practitioner (professional) for recommendations about wearing your lenses during any activity involving water.

e. Discard Date on Multipurpose Solution Bottle

Instruction for Use:

- Discard any remaining solution after the recommended time period indicated on the bottle of multipurpose solution used for disinfecting and soaking your contact lenses.
- The Discard date refers to the time you can safely use contact lens care product after the bottle has been opened. It is not the same as the expiration date, which is the last date that the product is still effective before it is opened.

WARNING:

- Using your multi-purpose solution beyond the discard date could result in contamination of the solution and can lead to severe infection, vision loss or blindness.
- To avoid contamination, DO NOT touch tip of container to any surface. Replace cap after using.
- To avoid contaminating your solution, DO NOT transfer to other bottles or containers.

EYE PROBLEMS, INCLUDING CORNEAL ULCERS, CAN DEVELOP RAPIDLY AND LEAD TO LOSS OF VISION; IF YOU EXPERIENCE:

- **Eye Discomfort,**
- **Excessive Tearing,**
- **Vision Changes,**
- **Loss of Vision,**
- **Eye Redness**
- **Or Other Eye Problems**

YOU SHOULD BE INSTRUCTED TO IMMEDIATELY REMOVE THE LENSES, AND PROMPTLY CONTACT YOUR EYECARE PRACTITIONER.

- Daily wear lenses are not indicated for overnight wear, and you should not wear lenses while sleeping. Clinical studies have shown that the risk of serious adverse reactions is increased when these lenses are worn overnight.
- Studies have shown that contact lens wearers who are smokers have a higher incidence of adverse reactions than nonsmokers.

LENS DEPOSITS AND USE OF ENZYMATIC CLEANER:

Enzymatic cleaning is not recommended for the Duette[®], Duette[®] Multifocal, Duette[®] Progressive CN or Duette[®] Progressive CD with Tangible[™] Hydra-PEG hybrid contact lenses.

CARE FOR A STICKING (NON-MOVING) LENS:

If the lens sticks (cannot be removed), you should apply 3 to 4 drops of the recommended lubricating or rewetting solution directly to the eye and wait until the lens begins to move freely on the eye before removing it. If non-movement of the lens continues after 15 minutes, you should IMMEDIATELY consult your eyecare practitioner.

CARE FOR A DRIED OUT (DEHYDRATED) DRY LENS:

If for some reason your lens dry out completely: a minimum of handling is important as they are very brittle in the dehydrated state. Carefully place them in rinsing or storage solution for a minimum of thirty minutes during which time they will become soft and flexible. Then follow the cleaning, rinsing, and disinfecting procedures, including soaking the lens in storage and disinfection solution for four hours before wearing again.

CHEMICAL (NOT HEAT) DISINFECTION:

1. Wash and rinse your hands thoroughly BEFORE HANDLING LENS.
2. After removal of lens, CLEAN the lens by applying three drops of cleaner to each surface. You should rub and rinse the lenses for 15-20 seconds or more and then repeat with the second side for a total of 2 times 30 seconds or more. Follow the complete recommended lens rubbing and rinsing times in the labeling to adequately disinfect the lenses and reduce the risk of contact lens infection.
3. AFTER CLEANING, thoroughly rinse both surfaces of the lens with a steady stream of fresh, sterile rinsing solution for approximately 10 seconds.
4. Fill contact lens carrying case with the recommended disinfection and storage solution and place lens in the proper cells and soak as recommend in solution labeling.

Note: DO NOT HEAT THE DISINFECTION SOLUTION AND LENS.

Caution: Lenses that are chemically disinfected may absorb ingredients from the disinfecting solution which may be irritating to the eyes. A thorough rinse in fresh, sterile rinsing solution prior to placement on the eye should reduce the potential for irritation.

- When using hydrogen peroxide lens care systems, **use ONLY the lens case provided with the hydrogen peroxide care system. This case is specially designed to neutralize the solution.** Failure to use the specialized case will result in severe stinging, burning, and injury to the eye. Follow the recommendations on the hydrogen peroxide system labeling exclusively. Following disinfection with a peroxide system, the lenses should be rinsed with sterile saline.

EMERGENCIES:

If any chemicals of any kind (household products, gardening solutions, laboratory chemicals, etc.) are splashed into the eyes, you should:

FLUSH EYES IMMEDIATELY WITH TAP WATER AND IMMEDIATELY CONTACT YOUR EYECARE PRACTITIONER OR VISIT A HOSPITAL EMERGENCY ROOM WITHOUT DELAY.

WHEN TO CALL YOUR PRACTITIONER?

Certain symptoms may be early indicators of potentially serious problems. A careful examination of your lens, and professional examination of your eyes, may be required. Remove the lens following the instructions outlined in this guide, and call your eyecare practitioner if:

- 1) Your eye becomes red and feels irritated or "gritty".
- 2) You notice a change in your vision or see rainbows or halos around objects.
- 3) You experience discomfort and/or sensitivity to lights.

A good general policy is:

“IF IN DOUBT ... TAKE THE LENS OUT” and contact your eyecare practitioner.

Learn and Use Proper Lens Care Habits:

- 1) Follow Instructions.
- 2) Handle Lens Properly.
- 3) Learn How to Put On and Take Off Your Lens.
- 4) Keep Your Lens Clean.
- 5) Disinfection is a Necessary Security.

INSTRUCTIONS FOR MONOVISION AND PROGRESSIVE WEARERS

- You should be aware that as with any type of lens correction, there are advantages and compromises to monovision contact lens therapy and progressive/multifocal contact lenses. The benefit of clear near vision in straight ahead and upward gaze that

available with monovision and multifocal contact lenses may be accompanied by a vision compromise that may reduce your visual acuity and depth perception for distance and near tasks. Some patients have experienced difficulty adapting to it. Symptoms, such as mild blurred vision, dizziness, headaches and a feeling of slight imbalance, may last for a brief minute or for several weeks as adaptation takes place. The longer these symptoms persist, the poorer your prognosis for successful adaptation. You should avoid visually demanding situations during the initial adaptation period. It is recommended that you first wear these contact lenses in familiar situations, which are not visually demanding. For example, it might be better to be a passenger rather than a driver of an automobile during the first few days of lens wear. It is recommended that you only drive with monovision or multifocal correction if you pass your state driver's license requirements with the correction.

- Some monovision or multifocal patients will never be fully comfortable functioning under low levels of illumination, such as driving at night. If this happens, you may want to discuss with your eyecare practitioner having additional contact lenses prescribed so that both eyes are corrected for distance when sharp distance binocular vision is required.

If you require very sharp near vision during prolonged close work, you may want to have additional contact lenses prescribed so that both eyes are corrected for near when sharp near binocular vision is required.

- Some monovision or multifocal patients require supplemental spectacles to wear over the monovision or multifocal correction to provide the clearest vision for critical tasks. You should discuss this with your eyecare practitioner.
- It is important that you follow your eyecare practitioner's suggestions for adaptation to monovision contact lens therapy and multifocal contact lenses. You should discuss any concerns that you may have during and after the adaptation period.
- The decision to be fit with monovision or multifocal correction is most appropriately left to the eyecare practitioner in conjunction with you, after carefully considering and discussing your needs.

RECOMMENDED LENS CARE PRODUCTS:

The eyecare practitioner should recommend a care system that is appropriate for the Duette[®], Duette[®] Multifocal, Duette[®] Progressive CN or Duette[®] Progressive CD with Tangible[™] Hydra-PEG hybrid contact lenses. Each lens care product contains specific directions for use and important safety information, which should be read and carefully followed.

WEARING SCHEDULE:

Although many practitioners have developed their own initial wearing schedules, the following sequence is recommended as a guideline. Patients should be cautioned to limit the wearing

schedule to the level recommended by the eyecare practitioner regardless of how comfortable the lenses feel. An initial daily wear schedule may be offered at the practitioner's discretion; see example below:

Day 1: wear not to exceed 6 hours total
Day 2: 6 hours
Day 3 - Day 5: 8 hours
Day 6: Wear as eyecare practitioner allows during waking hours

The lens may be worn for daily wear use only for the period of time recommended by the eyecare practitioner. A well fit lens provides for centration and minimal movement. The effects of lid interaction on blinking and gravity may result in lens decentration during open eye wear.

**STUDIES HAVE NOT BEEN COMPLETED TO SHOW THAT THE DUETTE[®],
DUETTE[®] MULTIFOCAL, DUETTE[®] PROGRESSIVE CN OR DUETTE[®]
PROGRESSIVE CD WITH TANGIBLE[™] HYDRA-PEG HYBRID CONTACT LENSES
IS SAFE TO WEAR DURING SLEEP.**

APPOINTMENT SCHEDULE:

Your appointments are on:

Month	Year	Time	Day
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IMPORTANT:

In the event that you experience any difficulty wearing your lens or you do not understand the instructions given you, **DO NOT WAIT** for your next appointment. **TELEPHONE YOUR EYECARE PRACTITIONER IMMEDIATELY.**

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