



## **PATIENT INSTRUCTION BOOKLET**

**For the**

*SynergEyes, Inc.*

**SynergEyes iD  
SiH (petrafocon A hem-larafilcon A)  
Hybrid Contact Lenses for Daily Wear**

Models:

SynergEyes iD SiH Single Vision  
SynergEyes iD SiH Multifocal EDOF



*CAUTION: FEDERAL LAW RESTRICTS THESE DEVICES TO SALE BY OR ON THE ORDER OF A LICENSED EYE CARE PRACTITIONER*



**CONGRATULATIONS!**

You have just received your new SynergEyes iD SiH Single Vision or SynergEyes iD SiH Multifocal EDOF Hybrid Contact Lenses for daily wear. This booklet has been prepared to help you care for your lenses. Please read it carefully and follow the instructions so that you receive full satisfaction from your lenses.

<b>PRACTITIONER:</b>	_____
<b>ADDRESS:</b>	_____ _____ _____
<b>TELEPHONE:</b>	_____
<b>Daily Cleaning/Rinsing Disinfecting Solution:</b>	_____
<b>Lubricant/Rewetting Drops:</b>	_____
<b>Rewetting Solution:</b>	_____
<b>Enzymatic Cleaner:</b>	_____
<b>Appointment Schedule:</b>	_____
	Month Day Year Time



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## **I. INTRODUCTION AND SAFETY INFORMATION:**

### **A. INTRODUCTION:**

With your decision to wear hybrid contact lenses, you have joined a growing number of people who are discovering new pleasures from this important advancement in vision correction.

The SynergEyes iD SiH Single Vision and SynergEyes iD Multifocal EDOF Hybrid Contact Lenses for daily wear provide refractive error correction for hyperopia and myopia, with and without astigmatism, and Presbyopia. SynergEyes iD SiH (petrafocon A hem-larafilcon A) Hybrid Contact Lenses are manufactured from a proprietary rigid gas permeable material (petrafocon A) and a proprietary silicone hydrogel material (hem-larafilcon A). The lens center provides the optics of rigid gas permeable lenses while the hydrogel skirt provides the stability and performance of hydrogel lenses.

Read this Instruction Booklet carefully. It contains the information you need to know to wear, handle, and care for your SynergEyes iD SiH Hybrid Contact Lenses. If you are in doubt about any instructions, then request clarification from your eye care practitioner.

### **B. INTENDED USE:**

For daily wear to correct vision conditions in aphakic and non-aphakic, non-diseased eyes and correction of refractive error in eyes.

### **C. INDICATIONS FOR USE:**

SynergEyes iD SiH (petrafocon A-hem-larafilcon-A) Hybrid Contact Lenses for daily wear are indicated for use in the correction of hyperopic, myopic and astigmatic refractive error including presbyopia, in aphakic and not aphakic, non-diseased eyes. The lenses are indicated for the correction of up to +20.00 and -20.00 D in eyes with astigmatism up to 6.00 D. For presbyopia, add powers up to +4.00 D. The lenses may be prescribed for daily wear with removal for cleaning and disinfection (chemical, not heat) prior to reinsertion, as recommended by the eye care professional.

### **D. CONTRAINDICATIONS (REASONS NOT TO USE):**

DO NOT USE your SynergEyes iD SiH Hybrid Contact Lenses when any of the following conditions exist:

- Acute and sub-acute inflammations or infection of the anterior chamber of the eye.
- Any eye disease, injury, or abnormality that affects the cornea, conjunctiva or eyelids.
- Severe insufficiency of tears (dry eyes).
- If eyes become red or irritated.
- Corneal hypoesthesia (reduced corneal sensitivity).
- Any systemic disease that may affect the eye or be exaggerated by wearing contact lenses.
- Allergic reactions of ocular surfaces or adnexa that may be induced or exaggerated by wearing contact lenses or use of contact lens solutions.



- Allergy to any ingredient, such as mercury or Thimerosal, in a solution which is to be used to care for your contact lenses.
- Use of ocular medications or systemic medication that may interfere with contact lenses.
- Neovascularization or ghost vessels that are > 1.5 mm from the limbus.
- Any active corneal infection (bacterial, fungal or viral).
- If you are unable to follow lens care regimen or unable to obtain assistance to do so.

## **E. WARNINGS:**

**DO NOT WEAR YOUR SYNERGEYES iD SiH HYBRID CONTACT LENSES WHILE SLEEPING.**

**EYE PROBLEMS, INCLUDING CORNEAL ULCERS, CAN DEVELOP RAPIDLY AND LEAD TO LOSS OF VISION. IMMEDIATELY REMOVE YOUR LENSES, AND PROMPTLY CONTACT YOUR EYE CARE PRACTITIONER, IF YOU EXPERIENCE:**

- **Eye Discomfort,**
- **Excessive Tearing,**
- **Vision Changes,**
- **Loss of Vision,**
- **Eye Redness, or**
- **Other Eye Problems**

It is essential that you follow the directions of your eye care practitioner and all labeling instructions for proper use of contact lenses and lens care products, including the lens case. You should read and follow these instructions for use and warnings pertaining to contact lens wear:

### **1. Soaking and Storing Lenses:**

#### ***Instructions for Use:***

- Use only fresh multipurpose (contact lens disinfecting) solution each time you soak (store) your lenses.

#### ***WARNING:***

- DO NOT reuse or “top off” old solution left in your lens case since solution reuse reduces effective lens disinfection and could lead to severe infection, vision loss, or blindness. “Topping-Off” is the addition of fresh solution to solution that has been sitting the case.

### **2. Rub and Rinse Time:**

#### ***Instruction for Use:***

- Rub and rinse your lenses according to the recommended lens rubbing and rinsing times in the labeling of your multipurpose solution to adequately disinfect your lenses.

#### ***WARNING:***

- Rub and rinse your lenses for the recommended amount of time to help prevent serious eye infections.



- Never use water, saline solution, or rewetting drops to disinfect your lenses. These solutions will not disinfect your lenses. Not using the recommended disinfectant can lead to severe infection, vision loss, or blindness.

### 3. Lens Case Care:

#### *Instruction for Use:*

- Empty and clean your contact lens cases with digital rubbing using fresh, sterile disinfecting solutions/contact lens cleaner. Never use water. Cleaning should be followed by rinsing with fresh, sterile disinfecting solutions (never use water) and wiping the lens cases with fresh, clean tissue. After use, never air-dry or recap the lens case lids without performing proper cleaning methods.
- Replace your lens case according to the directions given by the eye care professional or the labeling that came with the case. Clean, rinse, and wipe or air-dry your lens case each time you remove your lenses. In order to permit excess solution to drain, you can flip over your lens case while air drying. Replace your lens case frequently, depending upon your hygiene habits.

#### **WARNING:**

- Contact lens cases can be a source of bacterial growth.
- DO NOT store lenses or rinse the lens case with water or any non-sterile solution. Use only fresh multipurpose solution so you do not contaminate your lenses or lens case. Use of non-sterile solution can lead to severe infection, vision loss, or blindness.

### 4. Water Activity:

#### *Instruction for Use:*

- DO NOT expose your contact lenses to water while you are wearing them.

#### **WARNING:**

- Water can harbor microorganisms that can lead to severe infection, vision loss, or blindness. If your lenses have been submersed in water when swimming in pools, lakes, or oceans, you should discard them and replace them with a new pair. Ask your eye care practitioner for recommendations about wearing your lenses during any activity involving water.

### 5. Discard Date on Multipurpose Solution Bottle:

#### *Instruction for Use:*

- Discard any remaining solution after the recommended time period indicated on the bottle of multipurpose solution used for disinfecting and soaking your contact lenses.
- The Discard Date refers to the time you can safely use the contact lens care product after the bottle has been opened. It is not the same as the expiration date, which is the last date that the product is still effective before it is opened.

#### **WARNING:**



- Using your multipurpose solution beyond the discard date could result in contamination of the solution and can lead to severe infection, vision loss, or blindness.
- To avoid contamination, DO NOT touch the tip of container to any surface. Replace cap after using.
- To avoid contaminating your solution, DO NOT transfer to other bottles or containers.

## 6. Additional Warnings:

- **Problems with contact lenses and lens care products could result in serious injury to the eye.** It is essential that you follow your eye care practitioner's directions and all labeling instructions for proper use of your lenses and lens care products, including the lens case. Eye problems, including corneal ulcers, can develop rapidly and lead to loss of vision.
- Daily wear lenses are not indicated for overnight wear, and you should not wear lenses while sleeping. Clinical studies have shown that the risk of serious adverse reactions is increased when these lenses are worn overnight.
- Studies have shown that contact lens wearers who are smokers have a higher incidence of adverse reactions than nonsmokers.
- If you experience eye discomfort, excessive tearing, vision changes, or redness of the eye, you should immediately remove the lens and promptly contact your eye care practitioner.
- Long term exposure to UV radiation is one of the risk factors associated with cataracts. Exposure is based on a number of factors such as environmental conditions (altitude, geography, cloud cover) and personal factors (extent and nature of outdoor activities). UV-absorbing contact lenses help provide protection against harmful UV radiation. However, clinical studies have not been done to demonstrate that wearing UV-absorbing contact lenses reduces the risk of developing cataracts or other eye disorders. Consult your eye care practitioner for more information.
- You must see your eye care practitioner as directed.

## F. PRECAUTIONS:

- Before leaving your eye care practitioner's office, you should be able to promptly remove lenses or should have someone else available who can remove the lenses for you. You should remove the lenses immediately if your eye becomes red or irritated.
- The SiH Hybrid Contact Lenses should be discarded after the recommended wearing schedule for a period of up to six (6) months or as recommended by your eye care practitioner. Never wear lenses beyond the time recommended by your eye care practitioner.
- Contact lenses are medical devices and parameters or lens type should not be changed without consulting your eye care practitioner. Never allow anyone else to wear your lenses. Sharing contact lenses with someone else increases the risks for serious eye conditions.



- Different solutions cannot always be used together, and not all solutions are safe for use with all lenses. Use only the solutions identified by your eye care practitioner. Do not change lens care solutions without consulting the eye care practitioner. Do not use saliva, tap water, or anything other than the recommended solutions for lubricating or wetting lenses. Always use FRESH, STERILE, and UNEXPIRED lens care solutions. Always follow directions in the package inserts for the use of contact lens solutions. Sterile, unpreserved solutions, when used, should be discarded after the time specified in the labeling directions.
- **Soft contact lens care products are recommended by SynergEyes for use with the SynergEyes SiH Hybrid Contact Lenses.** SynergEyes® iD SiH (petrafocon A hem-larafilcon A) Hybrid Contact Lenses cannot be cleaned and disinfected using the following contact lens solutions: OPTIFREE® PUREMOIST® Solution, Revitalens Ocutec® Multipurpose Disinfecting Solution, or Oxysept® Ultracare® Formula Peroxide Disinfecting System®.
- Never use solutions recommended for conventional hard contact lens only.
- Use only a chemical (NOT HEAT) lens care system. Do not heat the wetting/soaking solution and lenses. Keep the solutions and lenses away from extreme heat. Use of a heat lens care system can warp the center of the SiH Hybrid Contact Lenses.
- Always keep the lenses completely immersed in the recommended storage solution when the lenses are not being worn. Prolonged drying may damage the silicone hydrogel lens skirt. If the lens skirt becomes dried out, follow the directions in the *Care for a Dehydrated Lens* section of this instruction booklet.
- If the lens sticks (stops moving) on the eye, follow the *Care for a Sticking Lens* section of this instruction booklet. The lens should move freely on the eye for the continued health of the eye. If non-movement of the lens continues, you should immediately consult your eye care practitioner.
- Always wash and rinse your hands before handling lenses. Do not touch your contact lenses with fingers or hands if your hands are not free of foreign materials, as microscopic scratches of the lenses may occur, causing distorted vision and/or injury to the eye. Always handle lenses carefully and avoid dropping them. Never use tweezers or other tools to remove lenses from the lens container unless specifically indicated for that use. Pour the lens into your hand. Do not touch the lens with your fingernails. Do not get cosmetics, lotions, soaps, creams, deodorants, or sprays in the eyes or on the lenses. It is best to put on lenses before putting on makeup. Water-based cosmetics are less likely to damage lenses than oil-based products. If aerosol products such as hairspray are used while wearing lenses, exercise caution and keep eyes closed until the spray has settled. Avoid all harmful or irritating vapors and fumes while wearing lenses.
- Carefully follow the handling, insertion, removal, cleaning, disinfecting, storing, and wearing instructions in this booklet for the SynergEyes iD SiH Hybrid Contact Lenses and those prescribed by your eye care practitioner.
- Ask your eye care practitioner about wearing lenses during sporting activities. Always contact your eye care practitioner before using any medicine or medications in the eyes. Inform your doctor (health care practitioner) about being a contact lens wearer. Always inform your employer of being a contact lens wearer; some jobs may require use of eye protection equipment or may require that you not wear contact lenses.





- As with any contact lens, follow-up visits are necessary to assure the continuing health of your eyes. You should follow the visit schedule for follow-up visits.

**G. ADVERSE REACTIONS (PROBLEMS AND WHAT TO DO):**

The following problems may occur:

- Eyes stinging, burning, itching (irritation), or other eye pain
- Comfort is less than when lens was first placed on eye
- Feeling of something in the eye such as a foreign body or scratched area
- Excessive watering (tearing) of the eyes
- Unusual eye secretions or redness of the eyes
- Reduced sharpness of vision (poor visual acuity), unusual blurred vision, rainbows, or halos around objects
- Sensitivity to light (photophobia)
- Dry eyes





If you notice any of the above, you should **IMMEDIATELY REMOVE YOUR LENSES**.

If the discomfort or problem stops, then look closely at the lens; **1) IF THE LENS IS IN ANY WAY DAMAGED, DO NOT PUT THE LENS BACK ON YOUR EYE. Place the lens in the storage case and contact your eye care practitioner.** 2) If the lens has dirt, an eyelash, or other foreign objects on it, or the problem stops and the lens appears undamaged, you should thoroughly clean, rinse, and disinfect the lens; then reinsert it. After reinsertion of the lens, if the problem continues, you should IMMEDIATELY REMOVE THE LENS AND CONSULT YOUR EYE CARE PRACTITIONER.

When any of the above problems occur, a serious condition such as infection, corneal ulcer, neovascularization, or iritis may be present. **KEEP THE LENS OFF OF YOUR EYE AND SEEK IMMEDIATE PROFESSIONAL IDENTIFICATION** of the problem and prompt treatment to avoid serious eye damage.

**H. MEANING OF SYMBOLS:**

Symbol	Definition
	<b>Caution: Federal law restricts this device to sale by or on the order of a licensed eye care practitioner.</b>
	<b>Sterilized by irradiation</b>
	<b>Attention, consult instructions for use</b>
	<b>Caution, consult instructions for use for important cautionary information</b>
	<b>Use by Date</b>
	<b>Upper/Lower limit of temperature</b>

Symbol	Definition
	<b>Manufacturer</b>
	<b>Do not use if packaged is damaged</b>
	<b>Lot number</b>
	<b>Catalogue number</b>
<b>Parameter Abbreviations:</b>	<b>Diameter (DIA)</b> <b>Base Curve Radius (BC)</b> <b>Skirt Step (SC)</b> <b>Diopter Power (PWR)</b> <b>Add Power – Multifocal Only (ADD)</b> <b>Zone – Multifocal Only (ZN)</b>

## II. LENS HANDLING, USE, AND CARE INSTRUCTIONS:

**Make sure to review all safety information in the *INTRODUCTION AND SAFETY INFORMATION*: section of this instruction booklet prior to lens use and care.**

### A. CONTACT LENS WEAR:

When you first get your lens, be sure you have to put the lens on and remove them while you are in your eye care practitioner's office. At that time you should be provided with a recommended initial wearing schedule, a cleaning and disinfection regimen, and instructions and warnings for lens use, care, handling, cleaning, and disinfection. Your eye care practitioner should instruct you about appropriate and adequate procedures and products for your use.

If you require only vision correction, but will not or cannot adhere to a recommended care regimen for your lens, or are unable to place and remove your lens or have someone available to place and remove them, you should not attempt to get and wear contact lens.

Certain symptoms may be early indicators of potentially serious problems. A careful examination of your lens, and professional examination of your eyes, may be required. Remove the lens following the instructions outlined in this guide, and call your eye care practitioner if:

1. Your eye becomes red and feels irritated or "gritty".
2. You notice a change in your vision or see rainbows or halos around objects.
3. You experience discomfort and/or sensitivity to lights.
4. A good general policy is: "IF IN DOUBT ... TAKE THE LENS OUT" and contact your eye care practitioner.

Learn and Use Proper Lens Care Habits:

1. Follow Instructions.
2. Handle Lens Properly.
3. Learn How to Put On and Take Off Your Lens.



4. Keep Your Lens Clean.
5. Disinfection is a Necessary Security.

**B. CONTACT LENS WEAR FOR MONOVISION AND PROGRESSIVE WEARERS:**

You should be aware that as with any type of lens correction, there are advantages and compromises to monovision contact lens therapy and progressive/multifocal contact lenses. The benefit of clear near vision in straight ahead and upward gaze that available with monovision and multifocal contact lenses may be accompanied by a vision compromise that may reduce your visual acuity and depth perception for distance and near tasks. Some patients have experienced difficulty adapting to it. Symptoms, such as mild blurred vision, dizziness, headaches and a feeling of slight imbalance, may last for a brief minute or for several weeks as adaptation takes place. The longer these symptoms persist, the poorer your prognosis for successful adaptation. You should avoid visually demanding situations during the initial adaptation period. It is recommended that you first wear these contact lenses in familiar situations, which are not visually demanding. For example, it might be better to be a passenger rather than a driver of an automobile during the first few days of lens wear. It is recommended that you only drive with monovision or multifocal correction if you pass you state driver’s license requirements with the correction.

Some monovision or multifocal patients will never be fully comfortable functioning under low levels of illumination, such as driving at night. If this happens, you may want to discuss with your eye care practitioner having additional contact lenses prescribed so that both eyes are corrected for distance when sharp distance binocular vision is required. If you require very sharp near vision during prolonged close work, you may want to have additional contact lenses prescribed so that both eyes are corrected for near when sharp near binocular vision is required. Some monovision or multifocal patients require supplemental spectacles to wear over the monovision or multifocal correction to provide the clearest vision for critical tasks. You should discuss this with your eye care practitioner.

It is important that you follow your eye care practitioner’s suggestions for adaptation to monovision contact lens therapy and multifocal contact lenses. You should discuss any concerns that you may have during and after the adaptation period. The decision to be fit with monovision or multifocal correction is most appropriately left to the eye care practitioner in conjunction with you, after carefully considering and discussing your needs.

**C. RECOMMENDED INITIAL WEARING SCHEDULE:**

Although many practitioners have developed their own initial wearing schedules, the following sequence is recommended as a guideline. You should limit the wearing schedule to the level recommended by your eye care practitioner regardless of how comfortable the lenses feel. An example initial wearing schedule is provided below.

Day 1	Wear not to exceed 6 hours total
Day 2	6 hours
Day 3 - Day 5	8 hours
Day 6	Wear as eye care practitioner allows during waking hours



The lens may be worn for daily wear use only, for the period of time recommended by your eye care practitioner. A well fit lens provides for centration and minimal movement. The effects of lid interaction on blinking and gravity may result in lens decentration during open eye wear.

You should remember; “when in doubt, take it out.” It is important that a new wearer not over wear the lens or endure a lens that has an obvious foreign body sensation. In the event of foreign body sensation (feeling of something in your eye), you should remove the lens, clean and rinse it, and replace the lens. If the sensation continues, the lens should not be worn.

You should report for follow-up evaluation at the prescribed follow up schedule. The visit is best scheduled after several hours of wear and you should report with the lens in place. This visit provides an excellent opportunity to evaluate lens fit, comfort, and vision. Upon the absence of clinical signs and complications, you may be instructed to continue daily wear of the lens until the next scheduled follow-up visit. An alternate initial daily wear schedule may be offered at your practitioner’s discretion.

**IMPORTANT:** In the event that you experience difficulty wearing your lenses or do not understand the instructions given to you, DO NOT WAIT for your next appointment. Talk to your eye care practitioner immediately.

**THE SYNERGEYES ID SiH HYBRID CONTACT LENS IS NOT INDICATED FOR USE DURING SLEEP.**

#### **D. LENS HANDLING AND USE:**

##### **1. Before Handling Your Lens:**

Cleanliness is the first and most important aspect of proper contact lens care. Before handling your lens, always wash and rinse your hands thoroughly and dry them with a lint-free towel. Do not use soaps, lotions, cold creams, or perfumes which leave a residue on your hands. Avoid using medications, creams, deodorants, make-up, after shave lotions, or similar items prior to touching your lens. When hair spray is used, the eye must be kept closed until the spray has settled. Take care in handling your lens. Always avoid touching your lens with your fingernails or other sharp objects. NEVER WORK DIRECTLY OVER A SINK WITH THE DRAIN OPEN, AS THE LENS MAY BE LOST.

##### **2. Handling and Placing the Lens on the Eye:**

- a. Develop the habit of always working with the same lens first to avoid mix-ups.
- b. Ensure the lens has undergone the proper cleaning and disinfection process. Remove the lens from its storage case and examine it to be sure that it is moist, clean, clear, and free of any nicks and tears.
- c. Before inserting the lens, rinse well with fresh, sterile rinsing solution. Then place the lens on the tip of the index finger of your dominant hand.
- d. A drop of preservative-free lubricant can be added to the bowl of the lens before insertion, if desired.



- e. With your free hand, place a finger on the middle of your upper lid to hold lid open, and pull upward.
- f. Place the ring finger of the other hand on your lower lid and pull down.
- g. Look down, slowly move the forefinger with the contact lens towards the cornea until the lens touches your cornea.
- h. Pause and slowly release your eyelids, and blink several times.
- i. Repeat the above procedure for the second lens.
- j. If the lens appears to be stuck on your eye, apply a few drops of a recommended lubricating or rewetting solution to the eye and blink a few times. If the lens does not move freely on your eye, contact your eye care practitioner for further instructions.

There are other methods of lens placement. If the above method is difficult for you, your eye care practitioner will provide you with an alternate method.

**Note:** If, after placement of the lens, your vision is blurred, check for the following:

- Air bubbles may be trapped under the rigid center of the lens. Remove the lens, fill with multipurpose solution, and reinsert.
- The lens is not centered on your eye (see the *Centering the Lens* section in this booklet). If the lens is centered, remove the lens (see the *Removing the Lens* section in this booklet) and check for the following:
  - Cosmetics or oils on the lens. Clean, rinse, disinfect, and place on the eye again.
  - The lens is on the wrong eye.

If you find that your vision is still blurred after checking the above possibilities, remove both lenses and consult your eye care practitioner.

### 3. Centering the Lens:

Very rarely, a lens that is on the cornea will be displaced onto the white part of the eye (sclera) during lens wear. This can also occur during application and removal of the lenses if the correct techniques are not properly performed.

Using your index finger, gently apply pressure to the lens and slide it back onto the cornea. If the lens gets under the upper lid, gently massage the upper lid while looking down and move the lens toward the cornea.

### 4. Removing the Lens:

- a. Preparation for Lens Removal:
  - 1) Wash and rinse your hands thoroughly.
  - 2) Dry hands with a lint-free towel.
  - 3) Prepare a clean work-space, away from a sink.
- b. Lens Removal:
  - 1) To avoid the possibility of lens mix-ups, always begin with the same lens.



- 2) Check that the lens is centered on the cornea before attempting to remove the lens. Check your vision by covering one eye. If vision is blurry, the lens is off-center. Re-center the lens before attempting to remove it.
- 3) Place a finger of one hand on the middle of your upper lid and pull upward to hold the lid open.
- 4) Using your ring finger on the opposite hand, pull down your lower lid gently.
- 5) With dry fingers, place thumb and index finger at the 4 and 8 o'clock position of the contact lens, close to the rigid part of the lens and then gently pinch.
- 6) Place the contact lens in the palm of your hand for proper cleaning and/or rinsing prior to disinfection and storage.
- 7) Dry your fingers before removing the next lens. Remove the other lens by following the same procedure.

If you find this method difficult, your eye care practitioner will suggest another method or provide additional instruction.

Follow the required lens care procedures described under the heading *CARING FOR YOUR LENS*. Note: If you identify that the lens is chipped or torn, do not put the lens back on your eye. Return the lens to the storage case with fresh solution and contact your eye care practitioner.

## **E. CARING FOR YOUR LENS:**

For continued safe and comfortable wearing of your lenses, it is important that you clean, rinse, and disinfect your lenses after each removal, using the care regimen recommended by your eye care practitioner. Follow the detailed lens care instructions below. **Make sure to review all Warnings and Precautions related to lens care in the INTRODUCTION AND SAFETY INFORMATION: section of this instruction booklet.**

### **1. Caring for your Lens with Multipurpose Solution:**

#### **a. Clean**

While the recommended care products may be approved for a “No Rub” regimen, it is recommended that moderate daily cleaning be conducted with your SynergEyes iD SiH Hybrid Contact Lenses. Clean one lens first (always start with the same lens first to avoid mix-ups). Place the lens, front side down, in the palm of the hand and apply several drops of the multipurpose solution. Using the ring finger of the other hand, apply slight pressure in a swirling motion for the time recommended by the multipurpose solution manufacturer. **Note: Do not clean the lens by rubbing it between your thumb and index fingers, as this may cause lens warpage.**

#### **b. Rinse**

Rinse the lens thoroughly with the multipurpose solution to remove mucus and film from the lens surface; place that lens into the correct chamber of the lens storage case. Then repeat the procedure for the second lens. **Do not rinse the lens over**



**the sink and do not rinse the lens with tap water as tap water contains many impurities that can contaminate or damage your lens and may lead to eye infection or injury.**

**c. Disinfect**

After cleaning and rinsing the lenses, disinfect them by using the multipurpose solution. Follow the instructions provided with the multipurpose solution labeling. **Note: SynergEyes iD SiH Hybrid Contact Lenses cannot be heat (thermally) disinfected.**

**d. Store**

After disinfection, store lenses in a closed case filled with multipurpose solution until ready to wear. Always keep your lenses completely immersed in the multipurpose solution when the lenses are not being worn. Follow the instructions on the multipurpose solution for lens storage. If you discontinue wearing your lenses, but plan to begin wearing them again after a few weeks, ask your eye care practitioner for a recommendation on how to store your lenses.

**2. Caring for your Lens with Ophthalmic Hydrogen Peroxide Systems:**

**a. Rinse**

Rinse the lens thoroughly with the Ophthalmic Hydrogen Peroxide solution following the instructions of the solution manufacturer to remove mucus and film from the lens surface. Then repeat the procedure for the second lens. **Do not rinse the lens over the sink and do not rinse the lens with tap water as tap water contains many impurities that can contaminate or damage your lens and may lead to eye infection or injury.**

**b. Disinfect**

**Note: SynergEyes iD SiH Hybrid Contact Lenses cannot be heat (thermally) disinfected.**

When using hydrogen peroxide lens care systems, **use ONLY the lens case provided with the hydrogen peroxide care system. This case is specially designed to neutralize the solution.** Failure to use the specialized case will result in severe stinging, burning, and injury to the eye. Follow the recommendations on the hydrogen peroxide system labeling exclusively. Caution: Lenses that are chemically disinfected may absorb ingredients from the disinfecting solution which may be irritating to the eyes. A thorough rinse in fresh, sterile rinsing solution prior to placement on the eye should reduce the potential for irritation.

**c. Store**

After disinfection, store lenses in the closed case until ready to wear. Always keep your lenses completely immersed in the solution when the lenses are not being worn. If you discontinue wearing your lenses, but plan to begin wearing them again



after a few weeks, ask your eye care practitioner for a recommendation on how to store your lenses.

### **3. Care of Your Lens Case**

Contact lens cases can be a source of bacteria growth. After removing your lenses from the lens case, empty and rinse the lens storage case with solution(s) recommended by the lens case manufacturer; then allow the lens case to air dry. When the case is used again, refill it with fresh disinfecting solution. Lens cases should be replaced at regular intervals as recommended by the lens case manufacturer or your eye care practitioner.

### **4. Lubricating/Rewetting Solutions**

Your eye care practitioner will recommend lubricating/rewetting drops for your use. Lubricating/Rewetting drops can be used while you are wearing your contact lenses to make them more comfortable.

### **5. Lens Deposits and Use of Enzymatic Cleaning Procedure**

Enzyme cleaning may be recommended by your eye care practitioner. Enzyme cleaning removes protein deposits on the lens. These deposits cannot be removed with regular cleaners. Removing protein deposits is important for the well-being of your lenses and eyes. If these deposits are not removed, they can damage the lenses and cause irritation. **Enzyme cleaning does not replace routine use of a cleaning and disinfecting solution.** Make sure to follow the instructions in the enzymatic cleaning labeling.

### **6. Care for a Sticking (nonmoving) Lens**

If the lens sticks (stops moving) or cannot be removed, you should apply a few drops of the recommended lubricating or rewetting solution directly to the eye and wait until the lens begins to move freely on the eye before removing it. To initiate movement gently push the lens upward with your index finger on the margin of the lower lid. If non-movement of the lens continues after 15 minutes, you should IMMEDIATELY consult your eye care practitioner.

### **7. Care for a Dehydrated Lens**

The soft silicone portion of the SynergEyes iD SiH Hybrid Contact Lenses may become dried out if left exposed to air while the lenses are off the eye, this will make the lens very brittle. Re-hydrate the lens by carefully placing the lens into the storage case and covering it with the multipurpose solution. The lenses should be soaked for a minimum of thirty minutes or until it returns to a soft and flexible state prior to handling. Properly clean, rinse, and disinfect the lenses prior to reinsertion. If after soaking, the lens does not become soft or if the surface remains dry, **DO NOT USE THE LENS UNLESS IT HAS BEEN EXAMINED BY YOUR EYE CARE PRACTITIONER.**





**F. EMERGENCIES:**

If chemicals of any kind (e.g. household products, gardening solutions, laboratory chemicals, etc.) are splashed into your eyes, you should: **FLUSH EYES IMMEDIATELY WITH TAP WATER, THEN REMOVE LENSES PROMPTLY, IF POSSIBLE, AND IMMEDIATELY CONTACT YOUR EYE CARE PRACTITIONER OR VISIT A HOSPITAL EMERGENCY ROOM WITHOUT DELAY.**

**III. CUSTOMER SUPPORT:**



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